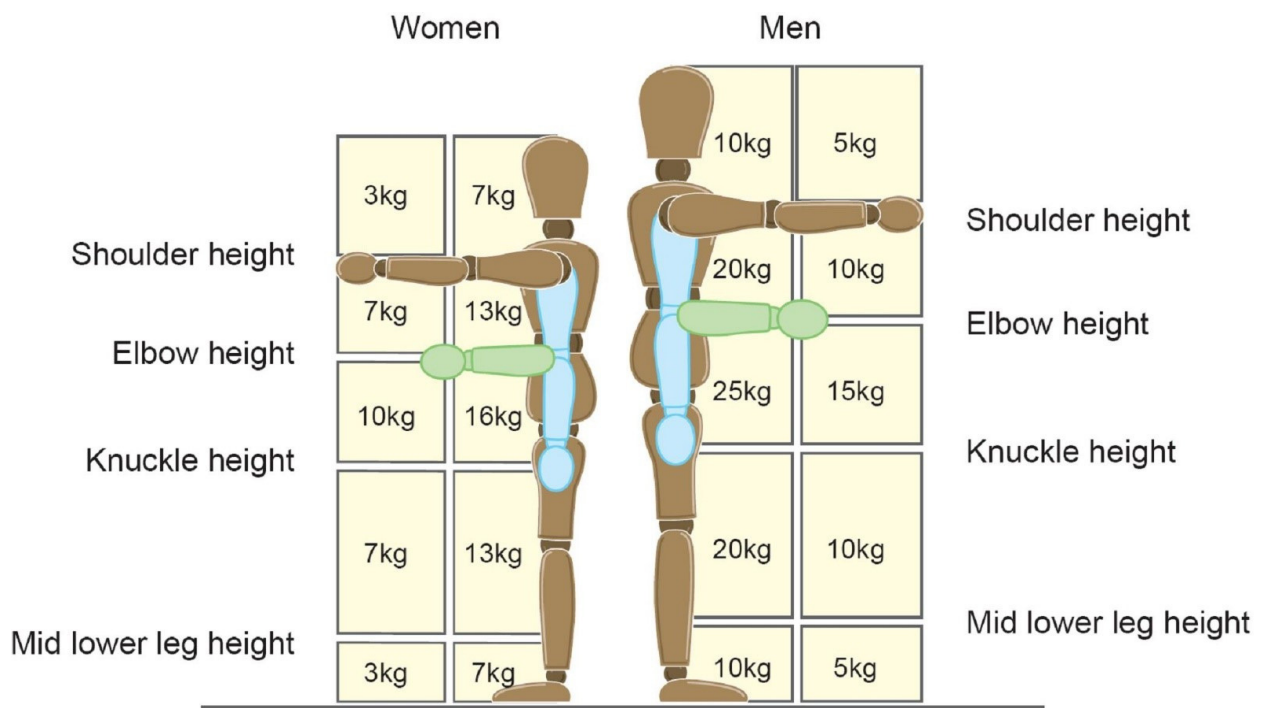


MANUAL HANDLING

TYPICAL COURSE CONTENT

- Health & Safety
- PPE
- Ergonomic risk assessment
- Employers Responsibilities
- Employees Responsibilities
- Coffin lifting operation
- Coffin carrying operation
- Coffin moving operations
- Team handling operation
- Safe lifting of shoring
- Safe lifting of ply sheets
- Manual digging / backfilling operations
- Legislation
- Principles of good manual handling
- Risk assessment



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